



West Hills Middle School



plan for college and career readiness



Meet Your Counselor!



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CHHS Arena Scheduling 2022-23

- Classes will be requested through Skyward in March during Math classes. Everything will be auto-scheduled by CHHS.
- During arena scheduling, students will get the opportunity to potentially change periods, electives, teachers, etc.
- Dates for arena scheduling are still TBD from the high school; we will communicate these dates ASAP.

Things to Consider...

Be aware of your graduation requirements! You are responsible for requesting and completing these courses.

*Note: No credit is awarded for Seminary, but it does take up 1.0 credit of space in a student's schedule each year.

Graduation Credits

English/Language

Arts.....4.0 Credits

- 1.0 Language Arts 9
- 1.0 Language Arts 10
- 1.0 Language Arts 11
- 1.0 Language Arts 12

Social

Studies.....3.5

Credits

- 1.0 World Geography
- 1.0 World History
- 1.0 U.S. History
- 0.5 US Government and Citizenship

Mathematics**

3.0 Credits

- 2.0 Foundation/Core credits
- 1.0 Additional Foundation/Core or Advanced Applied, or Foundation (AAF) credit

Science.....

3.0 Credits

- 2.0 Credits from two different Foundation/Core areas: Earth, Biology, Chemistry, Physics, or Computer Science
- 1.0 Additional Foundation/Core or Advanced Applied, or Foundation (AAF) credit

Graduation Credits

<p><u>Health and Physical Education</u>.....2.0 Credits</p> <ul style="list-style-type: none"> - 0.5 Health - 0.5 Participation Skills & Techniques* - 0.5 Fitness for Life - 0.5 Individual Lifetime Activity* <p>* Two seasons of a UHSAA Athletic Participation/Team Sports (1.0 credit maximum) can be used in place of Participation Skills & Techniques or Individualized Lifetime Activities</p>	<p><u>Fine Arts</u>.....1.5 Credits</p> <p><u>Career & Technical Ed</u>.....1.0 Credits</p> <p><u>Digital Studies</u>.....0.5 Credits</p> <p><u>General Financial Literacy</u>.....0.5 Credits</p> <p><u>Elective Courses*</u>8.0 Credits</p>
<p>TOTAL CREDITS:</p>	<p style="text-align: right;">27.0 Credits*</p>

**Valley High School only requires five elective credits. As a result, only 24 total credits are required for a Valley High School diploma.*

FOUR YEAR HIGH SCHOOL PLAN

'If you fail to plan, then you may plan to fail.' – Benjamin Franklin

Instructions: **WITH A PENCIL**, fill in your proposed high school course of study for the next four years.

Each block equals one semester.

- The required classes for 9th grade are filled in.
- Do you want to take classes at the Jordan Career Technical Center your junior or senior year? If yes, you may want to take classes that fulfill your fine art, digital studies and elective P.E. credits.
- Do you want to take Release Time Seminary? If yes, fill in two blocks for the full year.

FRESHMEN YEAR

Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8
TA 9 th Grade	Language Arts 9 or Language Arts 9 Honors	Geography or Human Geography AP	Earth Systems or Biology Honors	Mathematics	Participation Skills & Techniques		
↓	↓	↓	↓	↓			

SOPHOMORE YEAR COURSES & RECOMMENDED COURSES OF STUDY LISTED

- Do you want to take classes at the Jordan Career Technical Center your Junior or Senior year? If yes, you may want to take that fulfill your fine art, digital studies and elective P.E. credits.
- Are you interested in a health related career? If yes, it is recommended to take Introduction to Health Science.
- Do you want to take Release Time Seminary? If yes, fill in two blocks for the full year.

Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8
Language Arts	World Civilization	Mathematics	Science	Fitness for Life			
↓	↓	↓	↓	Consumer Health			

4 Year Plan

JUNIOR YEAR COURSES & RECOMMENDED COURSES OF STUDY LISTED

- Do you have all of your art, digital studies, CTE and healthy lifestyles credits? If no, plan on fulfilling these requirements.
- Do you want to get a part time job? If yes, plan on taking financial literacy or civics classes now instead of your senior year.
- What courses, if any, do you want to take at the Jordan Career Technical Center?
- Do you want to take Release Time Seminary? If yes, fill in two blocks for the full year.

You need take Financial Literacy and U.S. Government & Citizenship your Junior or Senior year.

Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8
Language Arts	U.S. History	Mathematics	Science				
↓	↓	↓	↓				

SENIOR YEAR COURSES & RECOMMENDED COURSES OF STUDY LISTED

- Did you pass three years of math and science? If no, plan on fulfilling these requirements.
- Do you have all of your fine art, digital studies, CTE, civics, health & physical education and financial literacy credits? If no, YOU MUST TAKE THEM!
- Do you want to go to college? If yes, you may want to take another year of math and science.
- What courses, if any, do you want to take at the Jordan Career Technical Center?
- Do you want to take Release Time Seminary? If yes, fill in two blocks for the full year.

Class 1	Class 2	Class 3	Class 4	Class 5	Class 6	Class 7	Class 8
Language Arts	U.S. Government & Citizenship						
↓	Financial Literacy						

Creating a 4-Year High School Plan

- 1. Core class should already be added.
- 2. Fill in courses for college scholarships/NCAA
- 3. Select any special courses you plan to participate in. (JATC, Athletics, Internship, etc.)
- 4. Complete 4-year plan to include all graduation requirements.
- Use the graduation requirements as a guideline.

Credit Recovery Options

Jordan District Summer School

- Classes held at Valley High School (325 West 11000 South)
- Registration at Valley High School
- Classes and costs available at a later date
- Credit is for make-up only

Copper Hills High School

- CARES Class
- Credit is for make-up only
- Price TBD depending on option

Utah Students Connect/SOEP (Statewide Online Education Program)

- Sign up with your WHMS counselor
- Cost is \$46.50 per quarter credit

Northridge Learning

- \$56.50 per quarter credit
 - Have 90 days to complete packet
-

Advanced Placement (AP) Concurrent Enrollment (CE)

Honors Courses

Any course a student takes that will challenge them is helpful to the student in preparation for post-secondary education. Honors courses provide students who excel an opportunity to grow academically beyond the basic course requirements.

Most colleges base acceptance and scholarships on GPA and ACT test scores; honors course history is not often taken into consideration. If students enroll in an honors course, the recommendation is to take advanced classes in subjects the student enjoys and will succeed in the additional rigor. Students should be mindful of their GPA when selecting honors classes.

Advanced Placement Courses

- AP classes are designed to teach college-level curriculum
- Rigorous and demanding coursework
- Only a high school transcript grade is earned for coursework
- AP Credit Exams are given at the end of the school year, approximately \$94
- Exams are scored on a 1-5 scale
- Individual colleges set the score needed for credit, usually a 3 or higher
- Individual colleges award either direct credit or elective credit

Concurrent Enrollment Courses

- CE classes are designed to teach college-level curriculum
- Rigorous and demanding coursework
- A grade for high school transcript **AND** college transcript is earned
- Final exams are part of the course work for final grade
- College credit is awarded through SLCC or WSU
- CE one time \$45 fee plus \$5 per 1.0 credit
- Other colleges can award either direct credit or elective credit, unless AS is earned through SLCC or WSU

Can I Earn an Associate's Degree in High School?

Salt Lake Community College Offers:

- Certificate of Completion
 - One year program
 - Leads to employment or continued study
- Associate Degree
 - Two year program
 - Rigorous schedule, including summer courses
 - Some courses HAVE to be taken on SLCC campus
- Register as a CE student no earlier than end of 10th grade.
 - www.slcc.edu/concurrentenrollment/students



National Tests

ACT: This is a college entrance exam for most colleges in the state of UT. Students generally take this test during their junior and/or senior year. There are four sections on the test with an added optional writing section. None of the colleges in UT require the writing portion. It is recommended to take the test twice, although it may be taken as many times as is wanted.

PSAT/NMSQT (Preliminary SAT/National Merit Scholarship Qualifying Test): This is a practice test for the SAT Reasoning test. Exceptionally high scores from juniors can lead to scholarships.

SAT: This is another college entrance exam with three sections. No colleges in UT are currently requiring the SAT for admissions. Taken during Junior/Senior years.

ASVAB (Armed Services Vocational Aptitude Battery Test): A test primarily for students who may be interested in the military. There is NO obligation to military service if the test is taken.

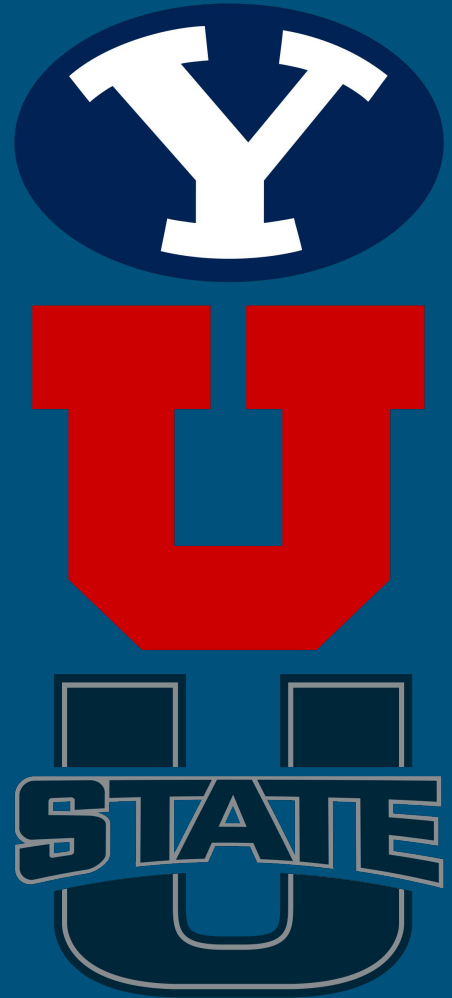
AP Exam (Advanced Placement): Advanced Placement tests are taken at the end of an AP class coursework. This test is scored 1-5. College credit may be awarded depending on the AP score and the college/university attended.

College Admissions Basics


- Grade Point Average
 - This is taken into consideration at any college
- Standardized tests-ACT/SAT
 - Shmoop.com (pw: WASATCH), ktsutah.org
 - Study for it!!
 - Take it 2-3 times if necessary
- High School Course Selection Matters!!
 - Take a look at college entrance requirements
 - Take challenging courses
 - Different universities have different philosophies – research!
- Extracurricular/Leadership Activities
 - Get involved deeply in a few activities
 - Consider Summer jobs/internships

College Admissions Basics

- **Finding a College**
 - Look at your grades/ACT score/SAT score
 - Consider cost
 - Financial Aid or Scholarships available?
 - On campus vs. off campus housing
 - Link your interests to a College Major
 - Does this college have my major?
 - Consider the community/personality
 - Does the school have students similar to you?
- **Find 5 “Target” Colleges**
 - Research your Target colleges
 - Use ktsutah.org as a resource
 - Apply to your Target colleges
 - Be aware of deadlines



General UT College Admissions Information

			
Average GPA	3.87	3.42-3.92	2.5 minimum
Average ACT	28.6	22-29	17 minimum
Acceptance Rate	68.5%	81%	97.8%

Paying for College

FAFSA



- Apply starting Oct 1, Senior year
- May qualify for grants, work-study, and loans
- Don't think you will qualify? Some scholarships won't be awarded you without a FAFSA on file
- myStudentAid app

My 529

- 529 college savings (investment) plan
- No cost to open, no minimum balance
- Utah State Income Tax Credits
- Not subject to federal or Utah state income tax as long as it is withdrawn for higher education expenses

Paying for College

Opportunity Scholarship

- Earn a 3.3 cumulative high school GPA
- Complete 3 Advanced Courses
 - Complete 1 Advanced Placement (AP), International Baccalaureate (IB), or Concurrent Enrollment (CE) course in each of the core areas of high school graduation:
 - math,
 - science, and
 - language arts
- Complete the FAFSA
- Graduate from a Utah high school

The Utah Promise Scholarship

A statewide scholarship program available to students with financial need in Utah. It is available at all Utah public colleges, universities, and technical colleges. The Utah Promise Scholarship will cover up to tuition and fees for up to two years.

Higher Education Success Stipend

The Higher Education Success Stipend Program is a grant available to undergraduate students with financial need who are studying at a public or private non-profit college, university, or technical college in Utah.

NCAA Student Athletes



- Grade 9
 - Start planning now: take the right courses
 - Maintain good grades
 - Course list can be found at [NCAA.org/course list](https://www.ncaa.org/course-list)
- Grade 10
 - Register with NCAA eligibility center eligibilitycenter.org
 - Only sign up for approved courses
- Grade 11
 - Track classes
 - Take ACT or SAT and submit scores to NCAA
 - Stay on track for graduation and send transcript to NCAA
- Grade 12
 - Complete NCAA core courses (see website)
 - Request final certification
 - Ask counselor to send final transcript to eligibility center

Jordan Academy for Technology and Careers (JATC)

Agricultural Education

- Urban Horticulture
- Veterinary Science
- Landscape Architecture

Health Sciences

- Biotechnology
- Dental Assistant
- EMT
- Medical Assistant
- Nurse Assistant (CNA)
- OTA and Advanced Health Science
- Pharmacy Technician
- Physical Therapy

Take Fine Arts and Digital Literacy in 9th and 10th!

Information Technology

- Computer Programming
- Digital Media
- Game Design
- Web Design

Skilled and Technical Sciences

- Auto Collision Repair
- Barbering/Hair Design
- Private Aircraft Pilot
- Criminal Justice
- Fire Science
- Diesel Technician
- Nail Technician
- Welding

Teacher Education

Engineering

Thank You!!!

This presentation can be found on our counseling website
<https://westhills.jordandistrict.org/counseling-center/>

JATC Info Sheet:



If you need additional time for other items to discuss, please call and make an appointment with your counselor.