

At-Risk Student Resources

For individuals in crisis who are exhibiting suicidal behaviors or ideation:

National Suicide Prevention Hotline	800-273-8255	Available 24/7 Talk to a crisis counselor
Crisis Text Line	Text "HOME" to 741741	Available 24/7
MCOT (Mobile Crisis Outreach Team)	801-587-3000	Triaged through the UNI CrisisLine, MCOT provides a free, prompt, face-to-face response to any resident of Salt Lake County experiencing a behavioral health crisis
SafeUT app	Available for free through Apple Store or Google Play	Available 24/7 Call or text a crisis counselor; tips are forwarded to school during school hours
ER as per insurance provider	Check with insurance provider	Any hospital ER can complete a risk assessment and refer to treatment
Police/911	If student cannot be found or is in immediate danger	Officers can do a wellness check and emergency personnel can respond

If the individual is experiencing depression, distress, or potentially in danger of harming him/herself or others, the following are strongly recommended:

- 1) Secure or remove all firearms from property to a safe and secured location
- 2) Secure/lock up medication, knives, or other possible methods of harm

For continuing care and follow-up services:

Juvenile Receiving Center	West Jordan 385-468-4610	The Juvenile Receiving Center is a 24/7 facility that provides free crisis counseling, referrals to community agencies, and short-term placement for youth ages 8 to 17
Jordan Family Education Center (JFEC)	801-565-7442	Free, short-term Individual counseling for Jordan School District students and their families; various classes and groups also available
Valley Behavioral Health	888-949-4864	Accepts Medicaid and some private insurance; also has a sliding-fee scale
Private therapist or psychologist as per insurance provider	Check with insurance provider	