



## Another Devastating Defeat for Copper Hills



By: Dalton Memales, Damon Ruesch, Eddison Amparo,

Copper Hills JV Football Team suffered another loss in their 2nd game of the season to Kearns High School on September 3rd, 2015. Although it was a home game, familiar surroundings didn't help. The fans watched their team lose 0-21. Although they couldn't help, the fans did not give up on cheering for their team until the horn sounded at the end of the game. Most fans know that Copper Hills isn't the best team ever and they could improve their offensive play. As long as they try their hardest, we will cheer them on and never give up on them. Even though Copper Hills is one of the lowest scoring teams in this area; they're getting better each game. Other teams might be better, but hopefully soon Copper Hills will become a real contender. As they improve we'll keep cheering them on! GOOOOO GRIZZLIES!



## 9-11 Tribute: Where Were You?

By: Madelynn Jolley, Gabrielle Blanco, Joselyne Rivera



The terrorist attack on 9-11 affected the teachers in different ways. Here are three of their stories...

Imagine you are eating breakfast and your step-dad starts yelling. You run downstairs and see the television news showing a building falling down, and a plane crashing into another. September 11, 2001, Arizona.

Right before school, Jessica Otero was watching this terrifying image knowing her family was in New York. She picked up the phone, but couldn't

call. There she was, a freshman in High School just wanting to know if her family was okay. What would be going through your head? Would you be shocked? Nervous? Or perhaps you wouldn't be able to believe it. Mrs. Otero felt all of these things and more.

But even knowing all this Mrs. Otero still had to go to school. When she arrived her teachers were just as shocked. They just turned on the news and students and teachers watched it all day.

Now, was her family okay? According to Mrs. Otero they were fine, just scared. The only person who entered the city that day was her aunt. She was on the subway. When she got off she saw the second plane crash into the tower and had to evacuate.

9-11, buildings on fire and crumbling. People stumbling about in shock and horror. Now imagine not even realizing what took place. How could this be? Maybe because you are too distraught by the death of your husband to think of anything else. You don't even turn on the television to see what is taking place.

This is what happened to Mrs. Garrick. Her mother was at home with her, urging her to turn on the T.V. to see what was going on, but Mrs. Garrick couldn't.

She didn't fully understand at the time the impact 9-11 would have on the country. She was trying to get her life together after losing her husband. Only later would she realize what had happened, and be thankful she was able to say goodbye unlike so many people that died on 9-11.

Driving to school like every other day, Mr. Johnson was in the middle of the high school parking lot under a tree by the football field. When he got to school he heard about what was going on. "Plane crashed into one of the twin towers."

Mr. Johnson said "I thought that to have a plane crash was really stupid. That it had happened because some guy had been drunk." Mr. Johnson thought it was a single passenger plane. However, during that day as everyone watched and talked about what was going on, he soon understood what a big deal it was. Luckily, Mr. Johnson had no family members in New York at the time. His good friend though was really upset and worried because his dad was in the Pentagon... His friend's dad ended up being safe.

9-11: A shocking time full of sadness. Remember the date, remember the time, and never forget.

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## Who's New?

By: Katiya Turner, Christian Williams, Isabelle Larsen

At the end of the 2014-2015 school year four teachers left West Hills Middle School (Bennett, Boyack, Jolley, and Loftin); but this year we are happy to welcome three new teachers: Mr. Howell, Mr. Charlesworth, and Ms. Hulet.

Our new Spanish teacher is Tyler D. Howell. He became an expert of Spanish while on his mission in Spain. He studied at Southern Utah University. He became a Spanish teacher because he loves being able to communicate with people in different languages. Mr. Howell has just come from Herriman High School. Talking of West Hills, he said, "It's great!"

Mr. Troy Charlesworth teaches Special Education Math. He graduated with his teaching degree from Weber State University. He then went to Tukurngailnguq School in Alaska to teach. He chose to teach middle school because middle school kids are "Easier to get along with," and math because he says,

"Math is fun!" He decided to become a teacher because he likes to help people, especially to make the best of their education. When asked about West Hills, he said, "It's nice! No problems so far!"

Last, but not least, is Ms. Lauren Hulet. She is the newest Utah Studies teacher. Ms. Hulet graduated from Utah State University. She came here because it was the first school to offer her a job. She became a teacher because one of her History teachers was amazing, and taught history in a way that made it come to life. She also realized that she had "A knack for it" when she joined a study group and was always the one leading. Ms. Hulet says that West Hills



is a great school and all of the teachers have been very welcoming.

West Hills is proud of the new teachers and is looking forward to the great things they will do this year!

## Pet Peeves about Middle School

By: Jazzy Brenner, Madi Uffens, Laurel Morgan

Too much homework, crowded hallways, and last minute locker mishaps are only some of West Hills Middle School Students' biggest pet peeves. We got together with five of our school's 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> graders, and they told us the things that annoy them the most about middle school.

We asked our interviewees what their teachers



do that bugs them the most. Brogen Jensen said that he "Doesn't like it when his teachers say that you can't eat during class, and then those same teachers eat in front of the students." Zaylie Parkin says that she thinks that some of her teachers' lessons just aren't fun. Mercedes Baker says, "Some teachers give too much homework. Some people have dance and other hobbies after school and at times it can be too hard to fit into a schedule." We asked what makes a good teacher and Mercedes said that she likes to be involved and feel part of the lesson.

Do you like what time school starts and how long it is? Zaylie responded with a very strong opinion, "I AM NOT a morning person! If I could, I would have it start at 9:50 every day." But then she said, "I feel like a lot of people exaggerate how long school is. It's only 7 hours, and that includes 5 minute breaks between classes and thirty minutes for lunch. It's not that long." Brogen said that the length was fine, but he would like to start 20 minutes later. We asked Caden Siaki if he would rather be doing something else with his day, and

he responded, "Well of course I would, but I feel like we get an education that most kids don't."

One thing that our interviewees said that they would change about middle school is the dress code. Zaylie Parkin said, "They're just too cautious. We know what we can and can't wear. Obviously we can't wear noodle straps but it's okay to show a little skin." Caden shared another part of middle school that could be better. He says that 9th grade should be part of high school because it being in middle school is too easy for students. 7th grader Melissa Malanga shared her frustration with lockers. She HATES her bottom locker, and would definitely change that.

We asked these students how they feel about how many classes we have and the length of the classes. Melissa said, "Classes can be overwhelming at times because it's just work, work, work." Caden said that he thinks that some classes need more or less time than others. He says that sometimes they can be dragged out and sometimes they seem too short.

# Where's the Frosting?

By: Damon Ruesch, Alyssa Beckstead

The food at our school is changing, yet again. These changes are not sudden; however, the food has been changing since 2010. The Jordan School District has constantly been changing the food given to students. This year, 2015, is no different. Yet again, the food at West Hills is becoming healthier. One of the school's main dietary concerns is with high amounts of sugar in certain foods. We talked to the West Hills' Nutritional Manager, Denise Purser, who has been working here at West Hills two years, about the subject. She says that these health guidelines are limiting the foods they can serve. For example, they can't serve sugar cookies with frosting anymore, even though they were a popular option.

Something you may not know is that the ice cream menu is also changing, but the options aren't all bad. They're changing the ice cream we have now to a healthier option, but they have added some options you probably will enjoy, like push pops. So that's a change and an improvement for some people.

These changes were part of a federal decision about trying to prevent obesity. So the lunch staff at our school has to get foods approved by the Jordan School District. Which also answers the question about why we get our pizza from the place that we do. 5 Buck Pizza made a deal with the school that they will make healthy wheat based crust, so we buy their pizza.

The new dietary rules also make it hard for the lunch staff to reuse food. Certain foods can be reused but not all of them, so they end up throwing away a lot of food at the end of the day. But they can reuse many of the main dishes, such as orange chicken, teriyaki chicken, and some more of the most popular meals. But they can't reuse chicken nuggets or fries because that would be kind of gross, reheated chicken nuggets aren't the same. I've learned from experience.

So yes, the school food is changing. But that's not bad. The school food changing could possibly make a difference in obesity in America. Maybe we should change our view about the whole thing.



# I Don't Know- I Just Got Here!

By: Malia Mitchell, Olivia Murphy

This new school year means new seventh graders.

We were lucky enough to get the chance to interview a few of them. We asked simple questions varying from: "How they were liking the school year so far?" to "What were their expectations vs. the reality of Middle School?" After, we gave them some advice on how to make their first year at middle school the best.

Aubrey Jensen said, "It's scary! You feel so small!" when asked how she felt about the different experience. This response was expected, most students' answers were similar to hers. Not only did the majority admit that the thought of walking down the halls with eighth and ninth graders was intimidating, but they also

mentioned that the halls on their own brought unwanted pressure. Let us assure you now, once you get accustomed to where your classes are, you'll be swiftly making your way around every student in the crowded hallway.

Two students, Tyler Case and Abigail Penna explained how nervous they were to be going to school with older kids. Despite this, they still say it has been a good experience and easy adventure. It's better than what they originally thought at least. This is the kind of mindset we hope to see more of this year! As long as you do your work and help keep our school as a friendly atmosphere, you're all set.

Oh, and don't procrastinate. That's definitely how you have a great year!

# Zodiac

By: Ashlee Adolf, Ashlyn Christiansen

## Your Zodiac Sign!

- **Aries**.....March 21-April 19
- **Taurus** .....April 20-May 20
- **Gemini** .....May 21-June 20
- **Cancer** .....June 21-July 22
- **Leo**.....July 23-August 22
- **Virgo**.....August 23-September 22
- **Libra**.....September 23-October 22
- **Scorpio**.....October 23-November 21
- **Sagittarius** .....November 22-December 21
- **Capricorn**.....December 22-January 19
- **Aquarius** .....January 20-February 18
- **Pisces**.....February 19-March 20

## Signs on the first day of school!

The kid who brought way too many school supplies:  
**Taurus, Virgo, Libra, Capricorn.**

The kid who had their outfit picked out for a month:  
**Leo, Pisces, Aquarius, Cancer.**

The kid that gets in trouble the first day (on 'accident'):  
**Gemini, Aries, Scorpio, Sagittarius.**



## Dear Abby...

"Dear Abby,

I don't have as many friends as last year, and I'm not sure if it's what I'm doing or if they just decided to find other friend. Anyways, I am in need of friends. How can I get some more?

From, My feelings"

Dear My feelings,

If I were you, I wouldn't worry about how many friends you have. It's the quality of the friends, not the quantity. Also, it's the beginning of school, trust me, you will get more over time.

By the way, there is nothing wrong with you. Some friends drift away, but the best ones will stay close to you.

Try to find people who have similar interests as you. Try to compliment people and start the conversation. Basically, if you want to make more friends, don't be afraid to be the one who walks up to someone and starts the conversation.

Hope this helps,  
Abby

"Dear Abby,

I am having a problem with my brother. He is always hitting me. I told my mom, but she doesn't listen.

Signed, Yo mama"

Dear Yo mama,

I am sad to hear that your brother is hurting you and your mother won't listen. My best advice is this: First try not to hit him back. Second ask why he hits you, see if there's something you can do about it. If not, then lastly you should tell someone else what is going on. Maybe tell your father, an older friend, or family member and ask them to help you. Having more people to back you up helps solve the problem.

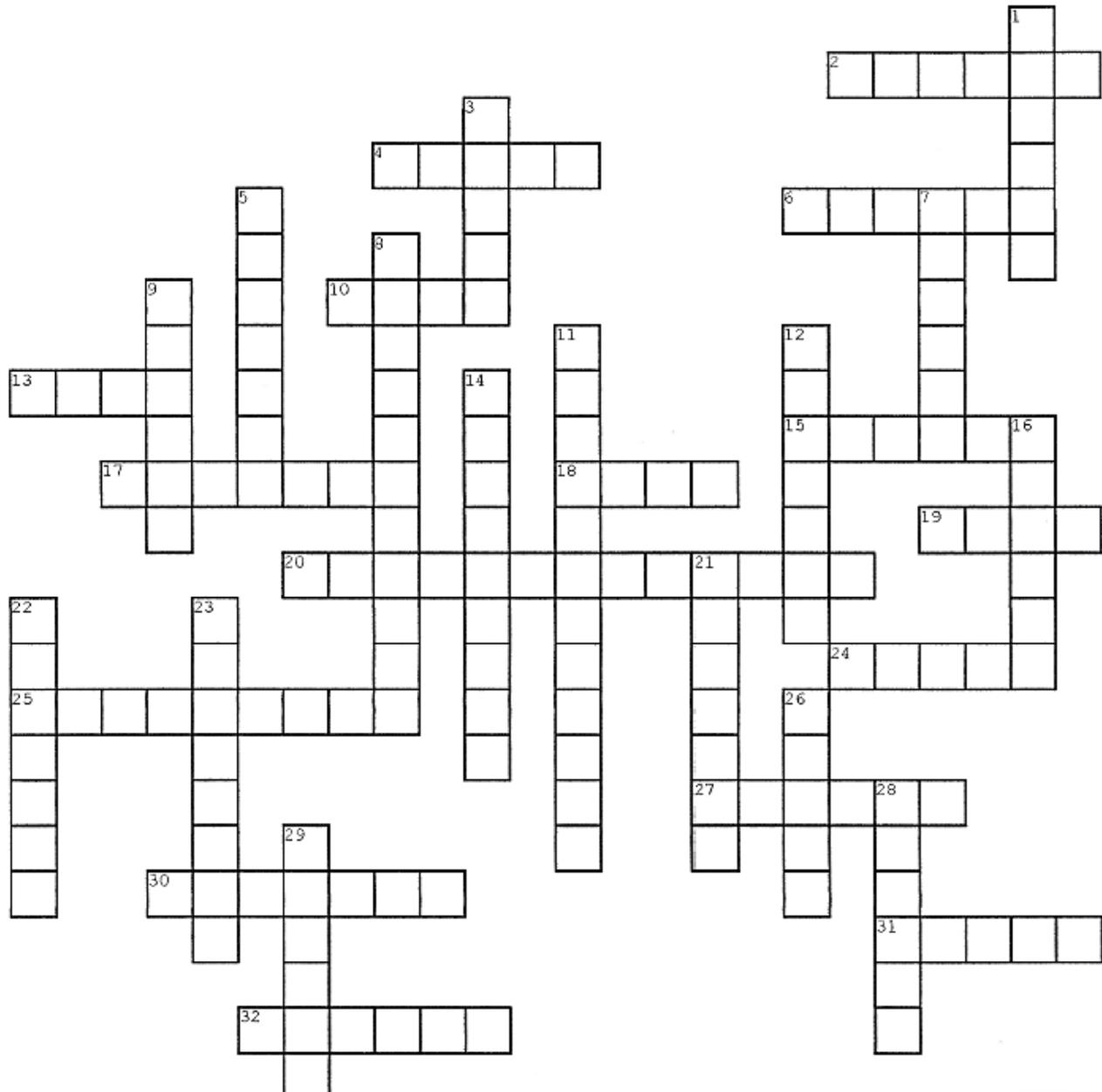
Hope this helps,  
Abby

# Entertainment

Be the first to complete the Crossword Puzzle or the WHMS Trivia, and bring it to Ms. Fawcett (Room 304) for a prize. Prizes awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Places

## What Teacher?

By: Olivia Murphy



- Lloyd
- Hirschi
- Patterson
- Charlesworth
- Beatty
- Stemle
- Hulet
- Erickson
- Lundin
- Call
- Peters
- Mohler
- Christensen
- Smith
- Blake
- Schultz
- Loosle
- Howells
- Walker
- Ahre
- Johnson
- Taylor
- Weintz
- Dennett
- Reid
- Purser
- VandeVeegaete
- Andrews
- Olson
- Rawlinson
- Jones
- Howell

# Crossword Questions

## Across

2. Which staff member cares about what you eat, and in the baking uses whole wheat?
4. Which teacher taught high school in New Zealand?
6. Which teacher is only 32 but has six children ranging in age 12 to 1 years old?
10. Which teacher's favorite quote is 'Be the change you wish to see in the world'?
13. Which teacher moved here from Germany?
15. Which teacher has a skeleton named Jack?
17. Which of our teachers worked their way through collage doing a job that required him to do his weekend homework on the bank of a river by lantern light?
18. Which teachers hangs out with an ancient wizard at school?
19. Which teacher is so hardcore, he has played in a screamo band?
20. Which teacher started the WHMS dance program?
24. Whose office is decorated with Mr. Potato Heads?
25. Which teacher speaks Italian?
27. Which teacher often makes M&M chocolate chip cookies, while watching a movie, to relax?
30. Which teacher has real bugs on display in their room?
31. Which teacher has sewn two prom dresses?
32. Which teacher's room is decorated with Beatles memorabilia?

## Down

1. Which teacher has the same first name of the 'boy who could fly and never grows up'?
3. Which teacher was a farmer in high school?
5. Which teacher works at Deer Valley Ski Resort?
7. In whose class do students pick the nose of an Easer Island statue?
9. Which teacher/counselor is an avid Kansas City Royals fan?
11. Which teacher spent 96 days under the ocean?
12. Which teacher has to do more homework than their students?
14. Which teacher has a life size cardboard cutout of David Tennant (Doctor Who) in their room?
16. Which teacher sings a corny song about the elements of the teachers' subject?
21. Which teacher bikes to school every day?
22. Which teacher is a Disney freak?
23. Who keeps the teacher supply store stocked?
26. Who has a cabin at Bear Lake near Fish Haven, Id?
28. Which teacher slept in a tree house every night all through middle school and high school?
29. Which math teacher has been at West Hills Middle the longest?

## WHMS Trivia

1. What is the new school theme?
2. On the Three Assembly Bell Schedule what time does third period end?
3. What is the official address to our school?
4. How many tardies would you have if you were suspended for one day?
5. What days are Student Led Conferences?
6. What is the Reflection theme this year?
7. How many days are in the school year?
8. What is the website where students can check their grades called?
9. What is our principal's name?
10. How many students are served by West Hills Middle School?

